

## WRIST MEASURING TOOL

IMPORTANT: This page should be printed at 100% size.

Do not resize or scale to fit.

Before you start please verify these measurements

0 1cm 2cm

1

Take the scissors and cut out the size guide precisely. Cut an opening the lenght of the dotted line in the square area.

2

Place the square area on top of your wrist and wrap the ruler fully around making sure it is not too tight. Slide pointed side of the measure through the incision. If you prefer to wear your watch loosely, please take this into

If you prefer to wear your watch loosely, please take this into consideration when measuring.

3

Read the number that lines up with the incision. Insert the value into the "Wrist Size" field in the details section on your Timetation account. You may update your wrist size anytime. Please note that we will size your watch to the exact measurement provided.

